



REQUEST FOR FUNDING FOR SPECIFIC PROJECT

FINANCIAL YEAR 2025 -2026

DATE: ...28/4./2025.....

TO: KENILWORTH TOWN COUNCIL / FINANCE & GENERAL SERVICES COMMITTEE.

Please read the Project Support Grant Criteria before completing this form

NAME / GROUP & MAIN CONTACT	Time4Hope
PROJECT TITLE	Kenilworth Connecting Together
TOTAL SUM REQUESTED	£7,084
COSTING OF PROJECT WITH FULL DETAILED BREAKDOWN	Peer Group for the 12 weekly group including the Reunion is £4,550 Prep and planning for the Peer Group and Reunion Session for 1.5hrs per session is £18 per session for all group sessions including the Reunion is £234 To counsel 4 clients at £50 per session for 12 sessions cost £2,400 Full total cost of project £7,084
DETAILS OF OTHER SOURCES OF FUNDING APPLIED FOR AND NAMES OF PARTNER ORGANISATIONS IF PROJECT IS JOINT/ MULTI GROUPS AND DETAILS OF FUNDING SUPPORT REQUESTS MADE BY THEM	Time4Hope will pay for Therapist to offer taster sessions at the Peer Group Time4Hope to pay for Room Hire Including the Reunion Session Time4Hope to pay for for all beverages, pastries and cakes Time4Hope to pay for room hire if parent would prefer face to face 1:1 counselling
PLEASE CONFIRM THAT YOU HAVE ENCLOSED YOUR MOST RECENT AUDITED BALANCE SHEET OR EQUIVALENT.	Yes
TIMESCALE / DATE OF EVENT	October 2025 November 2025
NUMBER OF KENILWORTH RESIDENTS TO BENEFIT	14 families and their extended family, better communication with class teachers, Headteachers and other community members such as

	neighbours
OTHER INFORMATION IN SUPPORT OF THE APPLICATION	
Time4Hope would like to host a series of 12 weekly Peer Group Sessions for 3.5hrs a week, for 10 parent/carers who have children/young people with Complexed, extended Neurodiverse and Life Limiting Disabilities. These parents would like to meet other like-minded others in their community who share similar life experiences and adversity, when parenting their children/young people these have included: School Refusal Self Harm Learning needs Social Challenges Lack of freindships Loneliness Isolation Children/young people feeling depressed The above, are leaving parent/carers feeling disempowered, burnt-out, depressed and disconnected from their community in Kenilworth. They have expressed they feel misunderstood, judged and stigmatised. Together with our input they would like to build their own support network, so they are able to develop long-term community friendships with others who will offer the appropriate emotional and practical support. This is due to the fact they have shared the same pressure and life journeys. The Peer Group will enable services and resources to be shared and prevent a sense of “this is only happening to me.” We will offer Group counselling followed by teaching a variety of coping strategies such as assertiveness. As parents are keen to learn relaxation techniques therapists will be invited to offer taster sessions such as Meditation and Sound Therapy. Through accessing the correct level of support, parents feel this will reduce the cycle of burn-out. It would also reduce family breakdown, which would further disadvantage the children/young people further who are already struggling with their disability. The parent/carers would like to take ownership of continuing to meet once the sessions are completed. We will provide support and guidance of how this could be achieved during the Reunion Session, which will be 2 months after the sessions have been completed. This will provide enough space and time to measure progress as well as exchange fresh ideas to sustain the project in a flexible way to meet their current needs. In addition to this we would also like to support 4 parents who have reached burn-out and are not ready to join the group. They would like to use the counselling sessions to build their emotional resilience to join the group when it is taken over by volunteers. These parents have requested specialist 1.1. intervention to begin with. We do have some parents who have recently had a diagnosis of Autistic Spectrum Disorder and would like to choose phone or on-line counselling, as face to face is at times a barrier and struggle for them. Continue overleaf if required.	

Data Protection Statement

The information which you give when completing your application form will be used in accordance with the Data Protection Act 1998 and for the following purposes: to enable the organisation to create an electronic and paper record of your application; to enable the application to be processed; to enable the organisation to compile statistics, or to assist other organisations to do so, provided that no statistical information that would identify you as an individual will be published. The information will be kept securely, and will be kept no longer than necessary.

PLEASE RETURN THE COMPLETED FORM AND ENCLOSURES TO

**THE TOWN CLERK
KENILWORTH TOWN COUNCIL**

VIA EMAIL TO kentc@kenilworth.org

On your covering email – please confirm the following

Name and contact email and daytime telephone number.

Bank details – name and address of payee, bank sort code and account number